



Trainer Biography

Sarah Smith

Courses delivered for RICS Executive Education

- [The International Certificate in Leadership for Property Development](#)
- [Strategic Facilities Management Masterclass](#)
- [Project Management Masterclass](#)

Experience & Qualifications

Sarah joined Cegos in 2010, after a varied career in consultancy and training. She holds a degree in Education and English, qualifications in coaching and mentoring, and is also a lecturer, NLP Master Practitioner and Trainer, and a Gravesian/Spiral Dynamics II practitioner. Sarah is EQ-i 2.0, Strengths Deployment Inventory and MBTI certified.

Sarah's specialist subjects include leadership and management, coaching, change, emotional intelligence and strategic planning, and a range of soft skills courses. She is experienced in coaching at all levels, including senior executives, and has a proven track record in the research and design of successful competency frameworks and 360 assessments.

Sarah's career has included roles such as Managing Director and Deputy Head of Professional Development, and she has consulted widely in a variety of sectors. She has worked for major training providers including Cranfield University, Sainsbury's, the Fire and Rescue Service and Warner Bros.

Sarah is able to combine her extensive real-life experience with high level training and qualifications to offer a first class service to clients.